

**EDUCATION 479-4: PHYSICAL EDUCATION MINORS  
ELEMENTARY  
(or by special permission of instructor)**

Summer Semester, 1987  
May 4 - August 7  
Thursdays, 1:00-5:00 p.m.

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**OVERVIEW OF COURSE:**

This course along with Educ. 459 is designed to assist teachers in planning and implementing physical education programs for the elementary grades in British Columbia schools. Education 459 will emphasize a more theoretical consideration of instructional and curriculum in elementary physical education, Education 479 will emphasize more of the practical, particularly as it applies to the games, dance and gymnastics components of the curriculum.

The curricular organizing principles of the two courses are:

- (1) To provide teachers with a theoretical understanding of different approaches to curriculum development, instructional strategies, and pupil assessment as it applies to physical education.
- (2) To examine various practical applications of those theoretical perspectives listed above as it applies to games, gymnastics, dance, and outdoor education pursuits.
- (3) To critically analyze instructional and curriculum activities undertaken during Education 405 in the context of the two other organizing principles.

**CURRICULAR CONTENT:**

Topics such as pupil assessment, intramurals, special needs programs, track and field, unit planning, integrating physical education with other subjects, active health, and daily physical education will complement the major curriculum themes of games, dance and gymnastics.

**ASSIGNMENTS:**

Although each course will have separate assignments there will be overlap and interrelationships of content focus and instructional planning between Educ. 459 and Educ. 479. Furthermore the practical experience of students' Education 405 extended practicum (or equivalent experiences) will provide a foundation for assignments in both courses. The assignments for Educ. 479 include:

1. The student will be required to complete one unit plan in the area of games, gymnastics or dance, identified during 405 by the student, school and faculty associate, as requiring further attention. (30%)
2. The students will be required to perform on individual or partner dance sequence as well as a gymnastics sequence incorporating large apparatus. Each sequence must include one main theme and at least two sub-themes. A written self evaluation and an analysis of each sequence will also be required. (20%)
3. The students will be required to complete a yearly overview identifying the curriculum goals, and outlining the content and progression of skills or themes to be taught. (30%)
4. The students will be required to write a self-evaluation of the videotape completed during 405, based upon criteria for effective instruction in Physical Education. (20%)

**REQUIRED TEXTS:**

- Kirchner, G. (1985). Physical Education for Elementary School Children (6th edition). W.M.C. Brown Co., Dubuque, Iowa.
- Kirchner, G., Cunningham, J., and Warrell, E. (1979). Introduction to Movement Education (2nd Edition). W.M.C. Brown Co.